



# NEW YEARS RESOLUTIONS!

**My goals for school:**

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**My goals as a son/daughter/  
sister/brother:**

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**My goals as a friend:**

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**Draw a picture of yourself  
1 year ago:**

**Books I want to read this year:**

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**Foods I want to eat more of:**

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**3 new foods I will try this year:**

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**Draw a picture of yourself  
1 year from now:**

**NOW HANG ME ON THE FRIDGE SO YOU DON'T FORGET!**